



NOVEMBER 2023

4-H Family News

Livingston County



County Awards Night: November 17th at 7 pm

Join us on November 17th at 7 pm at the 4-H Building at the Fowlerville Family Fairgrounds to celebrate the contributions of our volunteers, youth, and community members. If you are not eligible or did not apply for awards this year, we hope you will still join us in recognizing all of the hard work that our 4-H'ers and volunteers have put in over the last year. Light refreshments will be provided and guests are asked to wear comfy fall clothes. Please RSVP at <https://bit.ly/4-HAwards23>.



UPCOMING MEETINGS & EVENTS:

Volunteer Recruitment Night

November 3rd at 6 pm at Livingston Educational Service Agency

Horse Committee General Meeting

November 7th at 7 pm at the MSU Extension Office

County Awards Night

November 17th at 7 pm at the 4-H Building at Fowlerville Family Fairgrounds

4-H Council General Meeting

November 21st at 7 pm at the MSU Extension Office

Grand Equestrians Committee Meeting

November 28th at 7 pm at the MSU Extension Office

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COUNTY 4-H NEWS

Livingston County MSU Extension Office Closures for Holidays



This November and December, the MSU Extension office will have intermittent closures as our staff take time off for the holidays. We will be closed on Thanksgiving, the Friday after Thanksgiving and from December 22nd through January 2nd. If you plan to come into the office around these holidays, please check in with staff to make sure we are open. You can always call the office at 517-546-3950 to double check.

Volunteer Recruitment Night on November 3rd at 6 pm at LESA

Please help us spread the word about our Livingston County 4-H Volunteer Recruitment Night on November 3rd at 6 – 7:30 pm at Livingston Educational Service Agency at 1425 W Grand River Ave, Howell, MI 48843. We are looking to recruit more adults interested in helping volunteer as project leaders, administrative leaders, and for much more! This is a great opportunity for those looking to give back to their community and make a difference in the lives of local youth. Please share our social media post in local groups and tell your friends about this event. You can also find the [flyer here](#). We would love to have many adults attend so we can share with them the many opportunities for volunteering in Livingston County 4-H!



It's Time to Vote for the 2023-2024 Livingston County 4-H Council Members!



Members eligible to vote are active gold level volunteers and youth ages 13+ serving in a leadership role with an active 4-H online enrollment. Each eligible member or volunteer is allowed to vote one time. Election winners will be announced at the 4-H Council General meeting on 11/21/23.

Youth write-in candidates must be between the 4-H ages of 14-19, Adult write-in candidates must have completed at least 2 years of 4-H work or experience prior to their election and must be an active gold level volunteer.

Please contact Kat with any questions regarding the election. The deadline to vote is 11/17/23 at 5pm.

Please vote here: https://msu.co1.qualtrics.com/jfe/form/SV_6GrOZWLLHYZNAYS



COUNTY 4-H NEWS

Join us for an Entomology Workshop January 18th at 6:30 pm

Do you know a 4-H'er interested in insects? Join us on January 18th at 6:30 pm at the MSU Extension Office to learn about how to identify insects, why they are important, what you need to start an entomology project, and all the fun you can have collecting insects! This workshop will be led by 4-H project leaders George Campbell and Nan-Marie Fox. Youth ages 5-19 are welcome. This is a great opportunity for beginners or more experienced 4-H'ers. Remember it's easy to join 4-H, so youth who are not currently 4-H'ers can sign up and attend too.

Register here:

https://msu.co1.qualtrics.com/jfe/form/SV_0TI6OJOsG3LYKLc



Parliamentary Procedure and Officer Training on December 12th



We have selected a date for our Parliamentary Procedure and Officers Training! Join us on December 12th at 5:30pm at the Livingston Educational Service Agency (1425 W Grand River Ave, Howell MI 48843). Pizza and pop will be provided! This is a session led by our statewide Leadership, Cultural and Civic Engagement team. Youth do not need to be officers for their club - all are welcome.

Please speak to your club leader if you are interested in participating, we will not have an individual enrollment at this time. Reservations are required as space is limited.

Save the Date: Hartland New and Used Tack Sale on February 10th

We are excited to announce the date of our 2024 Hartland New and Used Tack Sale! Join us on February 10th from 10am-2pm at the Hartland Educational Support Service Center (9525 E. Highland Rd., Howell, MI 48843). Proceeds will be used for the Livingston County 4-H Horse Committee. The public is invited to buy or sell. Spaces available include tables: 6' x 8' for \$20 or 6' x 16' for \$30. Tables (5'-6') are available \$5 per table (additional fee). Fees are non-refundable.

Are you interested in a vendor space this year? See our flyer for more information! <https://bit.ly/2024TackSale>





COUNTY 4-H NEWS

Congratulations to Alison Campbell of Ranger's 4-H Club



Alison Campbell, a second year Entomology project member in the Ranger's 4-H Club, was awarded a Gold Ticket for her collection of insects at this year's Fowlerville Youth Show. Alison used this ticket to register in the Michigan State Fair and Alison was awarded a 1st place Blue Ribbon. Congratulations to Alison! We are happy you received recognition for your hard work and dedication to this project.



Livingston County 4-H Fall Trail Ride 2023

The Horse Committee held a trail ride on October 15th at the Pinckney State Recreation Equestrian Trails. Registrations were open to all horse and horse-less project members and their families. We had 8 riders bring their horses and 2 riders renting horses at the Hell Creek Equestrian Center on Clear Lake Road (www.hellcreek.horse). The riders with horses met at the staging area on Monks Road and rode to the Equestrian Center to meet the renting riders for cider and donuts donated by Munsell Farms. They then continued riding for another hour ride to enjoy the fall colors and brisk air. A good time was had by all.

Roots and Wings 4-H Club Kicks Off the Year with Rockets!



Roots and Wings 4-H Club based in Howell kicked off the year with Max Bowers, one of their teen members, showing the older club members how to build and launch rocket kits. The club met first to build the rockets and then again to launch them at Settlers Park in Hartland. All of the rockets successfully launched, and the kids successfully trouble-shot the couple of rockets that needed some tweaking to make sure the firing mechanisms connected to the circuit. Everyone had a good time! Root and Wings 4-H Club is open and accepting new members!



COUNTY 4-H RESOURCES

Interested in Starting a Rabbit Project this Year?



Are you thinking about starting a Rabbit project for next year's fair? Don't wait until spring! Now is the time to research breeds and housing needs, and if you are hoping to enter in breed classes or market classes, now is time to start looking for your breeding or show stock.

Rabbits are a great first livestock species, family pet, or addition to your current livestock operation. They take relatively little space, are quiet, and produce excellent fertilizer for your gardens! Rabbits are a project that you can work with year-round, even when the snow is 2' deep, and the variety of breeds available means that there are

breeds for youth of all ages, abilities, and interests! Do you love working with fiber arts like knitting and crocheting, and you're looking for a new challenge to expand your fiber arts knowledge? Maybe an angora breed is right for you! Are you a cloverbud looking to get your first practice show animal, that doubles as a pet that you can practice reading to? A lop or dwarf breed might be the perfect fit! Looking to add another production species to your farm to take to auction at the Fowlerville Family Fair? It's time to look at some commercial breeds!

For a brief description of all currently recognized breeds, please see: <https://arba.net/recognized-breeds/> Because of the many different sizes, fur types, and needs of different breeds, there is no one size fits all for rabbit care. The American Rabbit Breeders Association has a brief guide*, linked below, on some of the basics that you will need to begin your project. There are also guidebooks that you can check out from the 4-H library that go more in depth on rabbit care! We have two of these books available for check out. *Please note, the requirements listed on the below document are minimums determined by the Animal Welfare Act, you can always provide more space than this!

<https://arba.net/wp-content/uploads/2019/05/rabbit-care-recommendations.pdf>

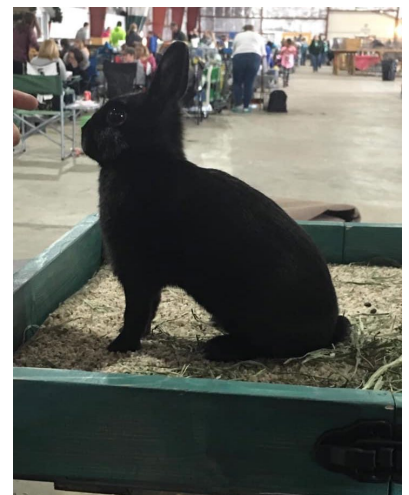
In addition to these resources, the Michigan State Rabbit Breeders Association has several upcoming shows that are relatively local to Livingston County. If you are looking to get involved in the rabbit project area, this is a great way to learn! The next two local shows are listed below!

November 24-26th – MSU Pavilion, East Lansing MI. Kat will be present at the show on November 25th to help any Livingston County 4-H members with starting, or expanding, their rabbit project!

December 1st-3rd – 601 Weiss St., Frankenmuth MI.

For the full schedule, see: <https://msrba.net/show-schedule/>

Please reach out to Kat at Krollkat@msu.edu or 517-552-6903 with any additional questions on the Rabbit project area. County-wide project experts are also available to assist with your project!





Livingston County 4-H November 2023

| Sun | Mon | Tues | Weds | Thur | Fri | Sat |
|---|-----|---|------|---|---|---|
| | | | 1 | 2 | 3 6pm - Volunteer recruitment event at Livingston Educational Service Agency | 4 |
| 5 | 6 | 7 7pm - 4-H Horse committee General meeting | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 7pm - County Awards Night 4-H Building - Fowlerville Family Fairgrounds | 18 |
| 19 | 20 | 21 7pm - 4-H Council General Meeting | 22 | 23  Happy thanksgiving! Extension office closed. | 24 ★ | 25 ★ ARBA Rabbit Show - MSU Pavillion (Day 2) |
| 26 ★ ARBA Rabbit Show - MSU Pavillion (Day 3) | 27 | 28 7pm - Grand Equestrians Committee meeting | 29 | 30 | | |

★ = this event is not run by Livingston County 4-H. Please see the Michigan State Rabbit Breeders Association for more information: <https://msrba.net/show-schedule/>

Have a club event you want to highlight? Send it to Kat and we will try our best to add it here!



Livingston County 4-H December 2023

| Sun | Mon | Tues | Weds | Thur | Fri | Sat |
|--|-----|---|------|------|---|--|
| | | | | | 1 ★ ARBA Rabbit Show - Frankenmuth | 2 ★ ARBA Rabbit Show - Frankenmuth |
| 3 ★ ARBA Rabbit Show - Frankenmuth | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 5:30pm - Parliamentary Procedure & Officers Training @ LESA | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | <p>Happy Holidays! MSU Extension Closed</p> | |
| 29 | 30 | <p>Happy Holidays! Extension office closed.</p> | | | | |
| 31 Happy New Year! | | | | | | |

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Have a club event you want to highlight? Send it to Kat and we will try our best to add it here!



STATEWIDE CALENDAR OF EVENTS

Explore the globe with Crafts Around the World!



Curious about other countries around the globe? Like making crafts? The Michigan 4-H Crafts Around the World series provides lessons and instructions for youth to create simple crafts and increase cultural awareness.

In its latest piece, youth can learn about the European country of Norway while making a Norwegian gnome. In Norway, a gnome is called a nisse: a creature who lives in barns or homes, protecting the countryside and the people who live there.

View this activity at www.canr.msu.edu/resources/crafts-around-the-world-series-europe-norwegian-gnome-nisse.

View all the Crafts Around the World activities at www.canr.msu.edu/global_cultural_education/resources.

November 8: Adulting 101 - Professionalism in the Workplace

Online

Participants will increase their awareness of what it means to be professional and gain tips on different aspects of the work environment to consider, including: shared workspace, relationships with coworkers, communicating and setting boundaries. This free online series is open to teens and young adults (17 and under) and youth development professionals, teachers and adults (18 and up).

www.canr.msu.edu/events/adulting10111-8-23

November 14: Wild Spartans – Careers in the Exotic Animal Industry

Online

Jump into the world of breeding and caring for amphibians and reptiles. Meet Zach Brinks, vice president of live operations at Josh's Frogs. Learn about his work and the education and career path he followed to get there. Youth will be encouraged to ask questions to learn more through a live Q&A. This free online series is open to youth ages 12-19.

events.anr.msu.edu/wildspartans20232024/

November 21: Michigan 4-H Volunteer Webinar Series - Youth Engagement in 4-H Experiences

Online

Explore ways 4-H volunteers can help to increase the level of youth engagement in their 4-H experiences. This series will provide Michigan 4-H volunteers with a variety of learning opportunities to help them grow as a volunteer and support Michigan 4-H'ers. This session will be offered twice, once as a daytime option and once as an evening option for the convenience of volunteers.

12 p.m. session: www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-youth-engagement-in-4-h-experiences

7 p.m. session: www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-youth-engagement-in-4-h-experiences7pm

November 28: Giving Tuesday

Online

Join the #GivingTuesday movement — a global day of giving — and support 4-H! From 12 a.m. to 11:59 p.m. EST, Michigan 4-H supporters are invited to participate by giving their support financially or helping spread the word. Michigan 4-H has a goal to raise \$5,000 to grow 4-H county endowments in a 24-hour period. County 4-H endowments provide a perpetual source of income for county 4-H programs and every dollar is an investment in 4-H!

<https://mi4hfdtn.org/giving-tuesday/>





STATEWIDE 4-H NEWS

MSU Extension partners with legislators to host first Michigan 4-H Day at the Capitol

On Wednesday, October 4, Michigan State University Extension hosted the first Michigan Day at the Capitol, in partnership with State Reps. Matthew Bierlein (R-Vassar) and Reggie Miller (D-Van Buren Twp.). The event, held at Heritage Hall, showcased the positive impact of the Michigan 4-H program and brought visibility to its efforts throughout the state.

“Michigan 4-H Day at the Capitol was a great opportunity to educate about and bring awareness to the 4-H program,” said Quentin Tyler, director of MSU Extension. “We truly appreciate Reps. Bierlein and Miller for their collaboration in hosting this event.”

Michigan 4-H is the flagship youth development program of MSU Extension and reaches nearly 100,000 young people ages 5 to 19 each year. Through various activities, clubs, groups, programs and events, 4-H’ers are offered hands-on learning experiences where they can explore their passions and interests while growing confidence, life skills and a sense of responsibility.

“Michigan 4-H is helping to grow youth in every county of our great state but we would like to reach even more young people with the life-changing program,” continued Tyler. “We hope that our event brings us closer to that goal by increasing the visibility of our 4-H program and all that we offer to youth in our state.”

Michigan 4-H Day at the Capitol was attended by legislators, stakeholders and members of the public. At the event, attendees had the opportunity to visit informational booths hosted by Michigan 4-H youth and staff. A brief program was also held, with event hosts Reps. Bierlein and Miller delivering comments to the audience. Also providing comments were Tyler, MSU Interim President Teresa Woodruff, Genesee County Clerk Register of Deeds Domonique Clemons, who is a Michigan 4-H alum, and Lenawee County 4-H’er Lia Kurowicki.

The program was livestreamed on the Michigan 4-H Facebook and can be viewed at www.facebook.com/Michigan4H. To learn more about Michigan 4-H, visit www.canr.msu.edu/4h.

Michigan 4-H license plate proposed

On Tuesday, September 26, legislation was unveiled that if passed, will create a new fundraising license plate that would generate support for Michigan 4-H. State Reps. Matthew Bierlein, of Vassar, and Reggie Miller, of Van Buren Township, sponsored the legislation which would allow for the creation and sale of a Michigan 4-H plate through the Secretary of State.

The plans would create the 4-H fundraising plate and establish regular disbursements from the license plate sales to the Michigan 4-H Foundation. Led by a board of trustees, the foundation works in partnership with MSU Extension and Michigan 4-H Youth Development to support programs to prepare youth for meaningful and productive lives.

The bills were referred to the Michigan House Committee on Transportation, Mobility and Infrastructure. On October 11, Michigan 4-H Foundation Director Abbey Miller and MSU Extension Associate Director Dr. Deanna East testified before the committee in support of the 4-H fundraising license plate legislation.



Reps. Miller (left) and Bierlein (right) with MSU Interim President Woodruff (center).



MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

Class dates:

- 11/7/2023: Positive Discipline
- 11/14/2023: Working Together to Develop Early Literacy-Infants/Toddlers
- 11/21/2023: Introduction to Autism and Neurodiversity
- 11/28/2023: Together We Can: Co-Parenting

Registration: https://msu.zoom.us/webinar/register/WN_APSEiTFUTfOSwoRU7aQ17g

For more information contact Courtney Aldrich at aldric82@msu.edu

Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class dates/times: 11/20, 11/27, 12/4, 12/11, 12/18 7:30pm-9pm EST

Registration: https://msu.co1.qualtrics.com/jfe/form/SV_6XReroOy9fS0mKa

For more information, contact Courtney Aldrich, aldric82@msu.edu

Building Early Emotional Skills

This series is for primary caregivers or parents of children 0-3 years old, and will explore how children develop social emotional skills and how caregivers can deal with the stress of caring for children as they support them in developing a strong social-emotional foundation.

Class dates/times: 11/2, 11/9, 11/16, 11/30 7pm-9pm EST

Registration: https://msu.zoom.us/meeting/register/tJModempqj0pHNxaQebipO16c8eYzeeU_56M

For more information, contact Courtney Aldrich, aldric82@msu.edu or Carrie Shrier shrier@msu.edu

The Parent Talk Series Class

Do you feel like your children aren't listening to you? Do you find yourself constantly repeating yourself trying to gain compliance? This 6 week series is for parents of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

Class dates/times: 11/7, 11/14, 11/21, 11/28, 12/5, 12/12 11:30pm-1pm EST

Registration: https://msu.co1.qualtrics.com/jfe/form/SV_2oye6BYmcmz3bfw

For more information, contact Courtney Aldrich, aldric82@msu.edu

Kinship Caregiver Classes

Kinship Caregiver classes are targeted to relatives caring for another relative's children.

Class date: November 8th "Parenting Styles" from 7:00-8:30pm EST

Registration: https://msu.zoom.us/webinar/register/WN_msxyZuH0QeS9MsKaD_y7Tg

For more information, contact Courtney Aldrich, aldric82@msu.edu



MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

Title: **The Resilience Toolbox - Building Foundational Skills for Resilience in Early Childhood**

Class Date: 11/16/2023

Class Time: 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN_jLVWzzM6Qlimr7VBOCrrPA

For more information contact Vivian Washington at washi138@msu.edu

In-Person Workshop: Including All of Us

Including All of Us is an intensive training to provide an opportunity for child care professionals to learn about issues of diversity, equity and inclusion in early childhood. Including All of Us includes group content, where early childhood professionals can explore their own beliefs, worldviews and understanding of issues surrounding diversity. Participants learn about ways they can incorporate anti-bias education into their work with young children and create environments of equity for all children. Including All of Us provides an opportunity for teachers to practice self-reflection and develop an awareness that will have a positive impact on their teaching, child care skills, and family interactions.

This in-person, free program is six hours in length and can be taught in one six-hour session or two, three-hour sessions. The program is approved in the MiRegistry system and completion certificates are available.

To schedule a workshop at your location, contact Vivian Washington at washi138@msu.edu

Online Self-Paced Classes

These free online classes can be completed on your own at your own pace.

Positive Discipline

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a “parent and caregiver” track and a “professional” track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: <https://www.canr.msu.edu/courses/positive-discipline-online-course>

Infant Safety

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called “Sleeping, Crying, Driving.” This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

Registration: https://www.canr.msu.edu/early_childhood_development/infant-safety/

MI Parenting Resource

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

Registration: <https://miparentingresource.org/>

For more information contact Courtney Aldrich at aldric82@msu.edu